

May 2024



EST **RUSKIN** 1909
Community High School
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Dear Parent/Carer

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, is now part of the National Curriculum. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain. I thought this would also serve as a good opportunity to keep you updated with our PSHCE curriculum for this term.

Over the course of the term Year 7 will be focussing on Digital Literacy and learning how to better protect themselves online as well as beginning to look at aspirations and developing skills for the workplace.

Year 8 will be studying relationships and identity. In this topic students explore different themes such as gender identity, sexual orientation, consent and the values of marriage and long term commitment. After half term they begin to look at Drugs and Alcohol Education. This topic focusses on alcohol and drug misuse, and the pressures relating to drug use. Students will develop their knowledge of risk and dangerous behaviour including vaping and smoking risks.

This term Year 9 will be looking at both Respectful and Intimate Relationships. In this topic students learn about different types of families and parenting, healthy/respectful relationships, conflict resolution, resilience and relationship changes. This unit also builds on previous learning consent and sexual harassment, contraception, the risks of STIs, and attitudes to pornography

Year 10 will be developing their knowledge of how to become positive members of the community and addressing extremism/radicalisation. Students will be embedding positive attitudes to become well-informed members of their communities, belonging and challenging extremism, active citizens and drawing on British and Humanitarian values.

Please do not hesitate to contact me at the school if you wish to discuss any of the above.

Yours sincerely

Miss R Davies
PSHCE Co-ordinator

Ruskin Community High School

Ruskin Road, Crewe, Cheshire, CW2 7JT

Headteacher: Mr D Postlethwaite BSC (Hons). MA. NPQH.

T: 01270 560514 - **F:** 01270 650248

E: enquiries@ruskin.cheshire.sch.uk

www.ruskinhighschool.co.uk

