

Revision Skills Day

Friday 15th April 2016 Lesson 5

Why?

Revision skills are key to performing to the best of your ability in all tests and exams.

You have **exams** and **tests** coming up this term.

What **difference** you can make!!



Revision Planning Tips

1. Distributed Practice

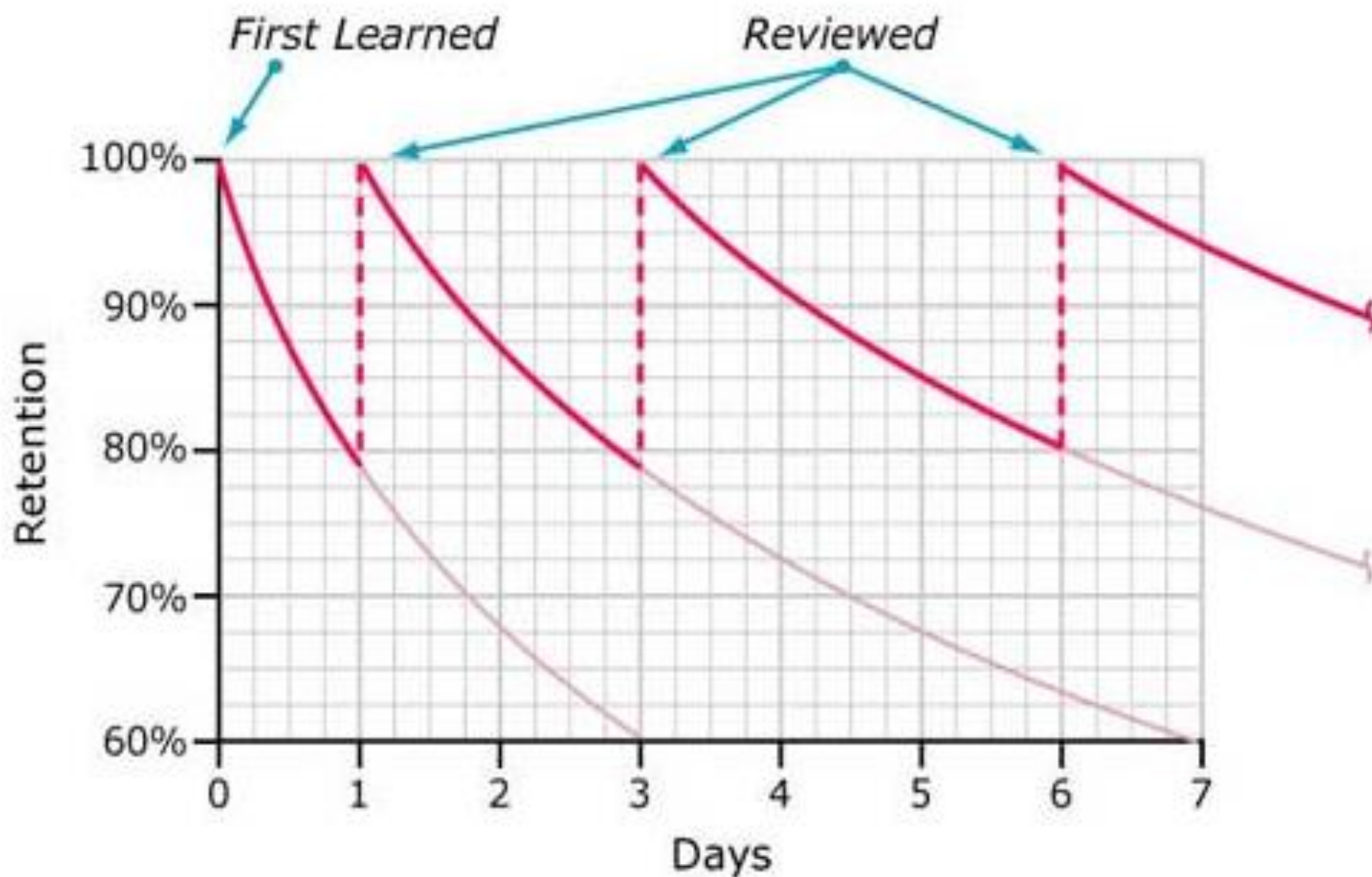
Rather than cramming all of your revision for each subject into one block, it's better to space it out.

Why?

Forgetting time.

This means that when you come back to it a few weeks later, you will have to think harder, which actually helps you to remember it. The more frequently you come back to a topic, the better you remember it.

Typical Forgetting Curve for Newly Learned Information



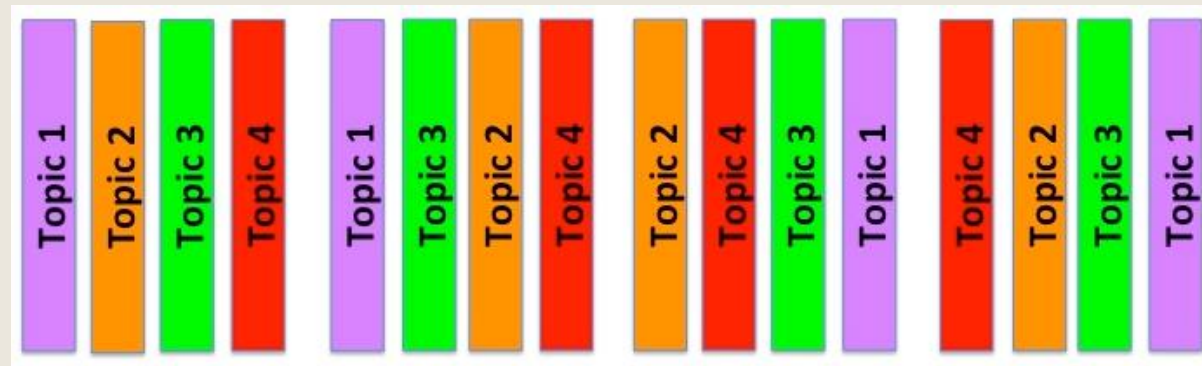
2. Interleaved Practice

When you are revising a subject, the temptation is to do it in 'blocks' of topics. Like below:



Lessons are being planned in this way to help you organise your time but it important you keep revisiting each topic regularly.

The problem with this is, is that it doesn't support the importance of repetition – which is so important to learning. So rather than revising in 'topic blocks' it's better to chunk these topics up in your revision programme and interleave them:




This means that you keep coming back to the topics. So, instead of doing a one hour block of revision on topic 1, do 15 minutes on topic 1, then 15 minutes on topic 2, then the same for topic 3 and 4.

Create a revision plan – It could look something like this

Use colours – you remember in colour!


Switch from subject to subject – this will improve your long term memory.


Little and often effective revision is the secret!!


 We recommend you start revising 5-6 weeks before your exams, but its never too late! Try to revise for no more than 30 minutes per subject. Longer periods of revision can be spent on subjects that you find more difficult. At the bottom of the sheet fill in each block with your subject/topic title and allocate it a colour within the block. We have given you a RELAX block already, this can be used for when you wish to take a break or when you have commitments such as sporting activities or work commitments on a regular basis. Look at the weekly planner, colour in each 30 minute block in your subject/topic colour. Double up the colour for a hours subject revision.


Minutes	Early Am			Daily Commitments (every 30 minutes)															After Sch/College		Early Evening		Late Evening			
	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
MON	RELAX	ENG.LANG	SCIENCE	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	RELAX	RELAX	MATHS	MATHS	ENG.LIT	ENG.LIT
TUES	MATHS	RELAX	ENG.LIT	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	MATHS	RELAX	ENG.LIT	ENG.LIT	ENG.LANG	ENG.LANG
WED	ENG.LANG	RELAX	SCIENCE	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	MATHS	RELAX	ENG.LIT	ENG.LIT	ENG.LANG	ENG.LANG
THUR	SCIENCE	RELAX	FRENCH	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	RELAX	RELAX	ENG.LIT	ENG.LIT	MATHS	MATHS
FRI	RELAX	RELAX	SCIENCE	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	MATHS	RELAX	ENG.LIT	ENG.LIT	ENG.LANG	ENG.LANG
SAT	RELAX	RELAX	RELAX	SCIENCE	SCIENCE	ENG.LANG	ENG.LANG	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX
SUN	RELAX	RELAX	RELAX	SCIENCE	SCIENCE	ENG.LANG	ENG.LANG	MATHS	MATHS	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX	RELAX


Hours 9AM 12PM 3PM


RELAX 


SCHOOL 


ENG.LANG 


ENG.LIT 


SCIENCE 


MATHS 


HISTORY 


GEOGRAPHY 


FRENCH 

GRAPHICS 

ART 

P.E 





Exam PAL Weekly Revision Planner

Keep each block short – 15-25 minutes.

Good Luck – see the difference this can make